

LEICESTERSHIRE VEGETARIAN and VEGAN BREAKFAST MENU

Freshly squeezed Orange Juice or our own Apple Juice

Fresh Melon, Grapefruit, Pineapple or Fruit Compote from the garden
Selection of Breakfast Cereals, Homemade Granola or Porridge
Fresh Fruit and Plain Probiotic Yoghurt from Manor Farm, Thrussington, Soya
Yoghurt, Soya or Rice Milk
Dried Fruits and Nuts

Vegetarian Sausages, Mushrooms, Tomatoes, Heinz Baked Beans and our own Free
Range Eggs cooked to your liking, Poached, Fried, Scrambled or Boiled

Or

Omelette: Red Leicester Cheese or Mushroom

Or

Red Leicester Cheese Rarebit

Or

Vegan Mess : Panfried Potato with Tofu, peppers and fresh herbs

Or

‘Scrambled’ Tofu on English Muffins

Fresh Toast from Homemade Bread, Homemade Marmalade and Jams and
Leicestershire Honey, Peanut Butter, Dairy Free Spread
Croissants

Freshly brewed Cafetiere of Fair Trade Coffee, Espresso, Cappuccino, Tea (English,
Earl Grey, Lady Grey, Herbal or Fruit Teas)

Or Hot Chocolate

Please note certain cereals contain nuts. There are gluten, sugar and dairy free
options available so please ask.